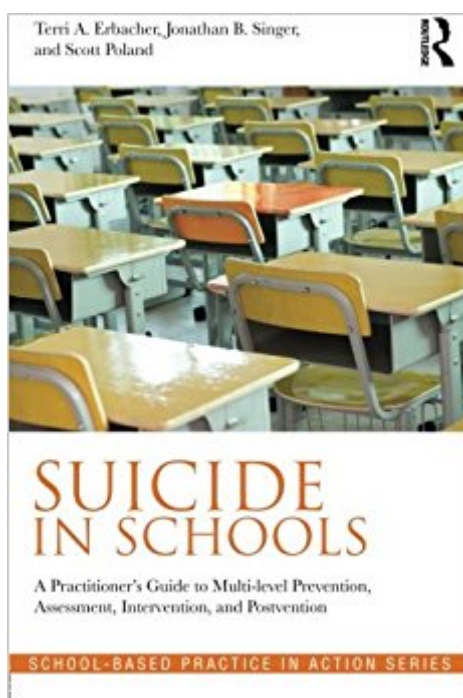


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# Suicide In Schools: A Practitioner's Guide To Multi-level Prevention, Assessment, Intervention, And Postvention (School-Based Practice In Action)



## Synopsis

Suicide in Schools provides school-based professionals with practical, easy-to-use guidance on developing and implementing effective suicide prevention, assessment, intervention and postvention strategies. The authors include detailed case examples, innovative approaches for professional practice, usable handouts, and internet resources on the best practice approaches to effectively work with youth who are experiencing a suicidal crisis as well as those students, families, school staff, and community members who have suffered the loss of a loved one to suicide. Readers will come away from this book with clear, step-by-step guidelines on how to work proactively with school personnel and community professionals, think about suicide prevention from a three-tiered systems approach, how to identify those who might be at risk, and how to support survivors after a traumatic event--all in a practical, user-friendly format geared especially for the needs of school-based professionals. Over 40 e-resources are available here: [routledge.com/books/details/9780415857024/#eresources](http://routledge.com/books/details/9780415857024/#eresources).

## Book Information

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## Customer Reviews

"This book provides the exact kind of practical information school staff need to know, from how to tell a parent his or her child is contemplating a suicidal act to what the school staff member's responsibility is to the child, the parent, and to the community to address suicidal risk. When combined with the detailed case examples that really bring an extra dimension to the step-by-step guides, this book becomes a must-read for any professional working in a school environment."

Thomas Joiner, PhD, Robert O. Lawton Professor of Psychology at Florida State University and director of the Laboratory for the Study and Prevention of Suicide-Related Conditions and Behaviors

"A comprehensive guide for all educators seeking the current evidenced-based, model practices for suicide prevention in schools. The "expert tips" reflect a wealth of knowledge gleaned from the front lines, where collaboration is essential between school psychologists, social workers, counselors, and their administrators. The authors paraphrase our national motto: "Everyone in the school plays a role in suicide prevention!" Richard Lieberman, NCSP, school psychologist/consultant with the Los Angeles County Suicide Prevention Network

"Suicide in Schools is an essential, invaluable resource for all school personnel who are interested in preventing self-harm among their students. User-friendly, yet erudite, the book serves as a manual for evidence-based and innovative practices. If only this reference had been available when, as president of the National Association of School Psychologists, I issued a call to action to prevent suicide." Ralph E. (Gene) Cash, PhD, ABPP, professor at the Center for Psychological Studies and director of the School-related Psychological Assessments and Clinical Interventions Clinic at Nova Southeastern University

"This book provides a comprehensive examination of the many issues that schools face in working with suicidal youth and provides hands-on strategies that have been successfully implemented in school-based settings. The authors provide excellent case examples and practical information that aligns with clinical and research experts in the field of youth suicidal behavior. Finally, the authors structure their book to extensively explain how a multi-tiered approach can be implemented for suicide prevention, risk assessment, and management of youth suicidal behavior. This book provides exactly the help school personnel need to feel more confident in working with high-risk youth and thus is an invaluable resource for anyone working in the schools and/or working with them. It already has a place on my desk." James J. Mazza, PhD, professor and director of the school psychology program at the University of Washington

"The authors - Terri Erbacher, Jonathan Singer and Scott Poland - demonstrate a comprehensive understanding of relevant theory and empirical research, and draw from their own extensive clinical expertise... While most of this book attends to suicidal prevention, there is a section on how to deal with the aftermath of a school suicide. This is an area which I have rarely found documented and I believe any school professional dealing with a tragic event such as suicide would find this section invaluable... School mental health practitioners will benefit most from reading this book as it provides a comprehensive overview in a well-organised format of the aspects which need to be considered when working with children and young people who are struggling with suicide." Susan Scupham, psychotherapist, UK, British Journal of Guidance and Counselling

Terri A. Erbacher, PhD, is a school psychologist for the Delaware County Intermediate Unit and a clinical assistant professor at Philadelphia College of Osteopathic Medicine. She has served on the executive boards of Philadelphia's chapter of the American Foundation for Suicide Prevention, Survivors of Suicide, and Pennsylvania's Youth Suicide Prevention Initiative. She was named Pennsylvania's school psychologist of the year in 2011 in recognition of her clinical practice and expertise in crisis response, suicide risk assessment and prevention, and traumatic loss. Jonathan B. Singer, PhD, LCSW, is an assistant professor at Temple University's School of Social Work, where his clinical and research interests focus on family-based interventions for suicidal and cyberbullied youth and the role of technology in prevention and intervention. He served as an advisor for the City of Philadelphia's Youth Suicide Prevention Task Force, Non-homicide Child Death Review, and Pennsylvania Youth Suicide Prevention Initiative. He is the founder and host of the award-winning Social Work Podcast. Scott Poland, EdD, is a professor and co-director of the Suicide and Violence Prevention Office at Nova Southeastern University in Florida. As a pioneer in school suicide prevention, he published his first book on the subject in 1989 and authored or coauthored every chapter on suicide for the National Association of School Psychologists's Best Practices in School Psychology volumes. He previously served as the prevention division director of the American Association of Suicidology and has testified about the mental-health needs of children before the US Congress.

As a retired school psychologist who led a school crisis response team, I highly recommend *Suicide in Schools: A Practitioner's Guide...* It is by far, the most comprehensive book on the subject that I have read. The knowledge base and experience of the authors is impressive. Their writing is clear, sensitive, and evidence-based. The book is full of practical ideas, strategies, and tools that can save lives. Examples are tools that help to screen and monitor students at risk for depression and suicide. I also appreciated a chapter devoted to the critical need for care for caregivers. I believe this book should be read by all school-based educators, administrators, school psychologists, counselors, and other mental health professionals.

This book is definitely a book for those working in the trenches in the schools. It provides everything you need to know about suicide prevention, assessment, interventions, and postventions. On the back of the book is a link to e-resources that provides the reader with access to outstanding assessment tools. Access to a high quality youth suicide assessment tool (and other assessment

tools) is extremely valuable and the book will teach you how to use it and put prevention programming in place. Highly recommended! Worth every penny.

This book is both practical and research-based. I appreciate the lengths the authors go to support their suggestions and practical advice with empirical studies and theory. I have recommended this book not only to those who work in schools, but to others in church and community contexts. The content is extremely relevant for anyone who works with youth. A must-buy.

An important guide for everyone involved with young people who may be at risk of suicide. There is very little material that is as comprehensive as this book, nor as well researched and thorough.

Excellent resource, most up to date and relevant information.

Up to date useful information. This book got me through a social work internship. Great information!

Super

I am a School Social Worker. The Suicide Risk Monitoring Tool included in this book literally saved a student's life! I had been giving this tool to a student to monitor their suicidal thoughts. In a matter of 24 hours, the student went from not wanting to die at all to wanting to die a great deal. Without this tool, this is something I would not have known on my own. Because of this tool, I knew this student was a danger to themselves and connected them with the Crisis Team. I was able to provide copies of the Suicide Risk Monitoring Tool which aided the team in understanding the current status of the student. It was also given to the parent who began to understand the severity of where their child is regarding suicidal thoughts. Not only was this helpful to me, it was helpful to the Crisis Team who evaluated the student and to the parent who was able to physically see on paper what their child was feeling. This tool literally **SAVED A STUDENT'S LIFE!!! A LIFE!! HIGHLY RECOMMENDED!!**

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